

2nd Annual Summit - Obesity: Understanding and Action

28 – 29 NOVEMBER 2013 FINKEL THEATRE, JOHN CURTIN SCHOOL OF MEDICAL RESEARCH, ANU, CANBERRA

DAY 1 PROGRAM – THURSDAY 28TH NOVEMBER 2013

TIME	SESSION	TOPIC
9:45 – 10:15	REGISTRATION/MORNING TEA	
10:15 – 11:25	SESSION 1: INTRODUCTION (STELLA CLARK)	
5 MINS	Prof John W. Funder AO Obesity Australia	Introduction
15 MINS	Prof Paul Zimmet AO Baker IDI	An obesity apocalypse: can it be averted?
15 MINS	Prof Sir Peter Gluckman (NZ) Liggins Institute, Auckland	Obesity: Science, policy and politics
15 MINS	Prof Emily Banks Australian National University	Obesity, BMI and population burden: Does the tail wag the dog?
20 MINS	PANEL DISCUSSION	
11:25 – 11:45	BREAK	
11:45 – 1:15	SESSION 2: OBESITY AND THE 4 YEARS BEFORE A CHILD'S 3RD BIRTHDAY (PETER GLUCKMAN)	
15 MINS	Prof Margaret Morris University of New South Wales	Role of parents in obesity – beyond DNA
15 MINS	Prof Jodie Dodd University of Adelaide	Early life approaches to obesity prevention
15 MINS	A/Prof Andrew Holmes University of Sydney	Gut microbiome; from early life to obesity
15 MINS	Prof Louise Baur AM University of Sydney	The Healthy Beginnings trial – intervention in early life to prevent childhood obesity
30 MINS	PANEL DISCUSSION	
1:15 – 2:00	LUNCH	
2:00 – 3:45	SESSION 3: OBESITY PREVENTION AND INTERVENTION IN CHILDREN (ANNA PEETERS)	
15 MINS	Robert de Castella MBE SmartStart for Kids	A SmartStart for Kids – Healthy Eating Exercise & Living Program (HEELP)
15 MINS	Prof Elaine Rush (NZ) Auckland University of Technology	Project Energize: Translation into practice
15 MINS	Mark Williams South Australia Health	OPAL – a shining light in community-based obesity prevention for children
15 MINS	Prof Melissa Wake Murdoch Childrens Research Institute	Managing childhood obesity in primary and secondary care: Let's stop doing what doesn't work to find out what does
45 MINS	PANEL DISCUSSION	
3:45 – 4:15	AFTERNOON TEA	
4:15 – 6:00	SESSION 4: TREATMENT OF CHRONIC, RELAPSING, SEVERE OBESITY (JOSEPH PROIETTO)	
15 MINS	Dr Karen Hitchcock Alfred Hospital/Monthly Magazine	Fat city – A physicians experience
15 MINS	Prof Philip Clarke University of Melbourne	Trends, challenges and opportunities: An economic perspective on tackling the rise in obesity in Australia
15 MINS	A/Prof Susan Byrne University of Western Australia	The psychological aspects of chronic obesity
15 MINS	A/Prof Wendy Brown Monash University	Bariatric surgery and its role in treating the chronic relapsing disease of obesity
45 MINS	PANEL DISCUSSION	
6:30 – 8:30	COCKTAIL RECEPTION, NATIONAL PORTRAIT GALLERY	

DAY 2 PROGRAM – FRIDAY 29TH NOVEMBER 2013

TIME	SESSION	TOPIC
8:30 – 10:15	SESSION 5: REGULATION AS A MEANS TO AN END (JENNIE BRAND-MILLER)	
15 MINS	Kate Carnell AO Beyond Blue	Healthy lifestyles – can you legislate them?
15 MINS	Dr Gary Sacks Deakin University	Evidence that fiscal and legislative changes can have an impact on obesity
15 MINS	Jane Martin Obesity Policy Coalition	Policy action in obesity prevention
15 MINS	Gary Dawson AFGC	The role of regulation from the food industry perspective
45 MINS	PANEL DISCUSSION	
10:15 – 10:45	MORNING TEA	
10:45 – 12:30	SESSION 6: WHAT OTHER SOLUTIONS SHOULD WE CONSIDER? (MICHAEL COWLEY)	
15 MINS	Prof Elizabeth Waters University of Melbourne	Evidence for solutions and Solutions for evidence
15 MINS	A/Prof Susan Thompson University of New South Wales	Creating healthy built environments
15 MINS	Dale Preston Coles	Health – The customers voice
15 MINS	Dr Julie Brimblecombe Menzies School of Health Research	Addressing Indigenous and remote obesity: SHOP@RIC and other proposed solutions
45 MINS	PANEL DISCUSSION	
12:30 – 1:45	LUNCH	
1:45 – 4:00	SESSION 7: WORKING WITH GOVERNMENT/INDUSTRY TO GET ACTION (JOHN FUNDER)	
15 MINS	Prof Hugh R. Taylor AC University of Melbourne	How to win friends and influence people; Indigenous eye health as a case study
15 MINS	Julie Howden Weight Watchers	GPs and obesity – a difficult prescription
15 MINS	Harold Mitchell AC Harold Mitchell Foundation	How Australia can reverse the obesity epidemic
40 MINS	PANEL DISCUSSION – OUTCOMES FROM THE SUMMIT, POLICY DIRECTIONS	
20 MINS	Prof Jesse Roth	
15 MINS	Quo Vadis – Prof John Funder	
4:00	CLOSE	