



PhD Student Bio: Ms Helen Kendall is a PhD student at the FBE. She holds a Bachelor of Nursing Honours degree from the University of Sydney and a Master of Design degree from the UNSW College of Fine Arts. Her academic interest lies in the nexus between healthy ageing and design of the inclusive built environment for successful ageing in place.

PhD title: Integrated landscapes for ageing well in the urban environment: an Australian perspective

PhD Summary:

The everyday urban neighbourhood is a true extension of home. The lived experience of the dwelling in relation to its surrounding locale can foster independence, a prime determinant for subjective well-being in older people. This qualitative study seeks to discover the environmental attributes which can make a neighbourhood a desirable place to live, by exploring the personal, physical and social environments of individual older residents living in the community. The phenomenological approach included observation and in-depth interviews in the homes and gardens of residents, with an optional walking interview into the close neighbourhood.